## NATIONAL SEMINAR ON ALTERNATIVE DISPUTE RESOLUTION [P-1457]

## Participants: District Judiciary 3<sup>rd</sup> – 4<sup>th</sup> May 2025

Venue: National Judicial Academy (NJA), Bhopal

Academic Coordinator: Ms. Nitika Jain, Faculty, NJA

TENTATIVE PROGRAMME SCHEDULE

Saturday	Day-1: 03.05.2025		
Session 1	ADR Mechanisms and Legal Framework: Access to Justice		
10:00am – 11:30am	Proposed scope of discussion:		
(11:15am – 11:30am Q&A/Discussion)	<ul> <li>Significance of ADR and Key ADR mechanisms</li> <li>ADR practices in other jurisdictions</li> <li>Role of District Judges in ADR: Facilitator, referee, supervisor</li> <li>Changing judicial attitudes towards ADR mechanisms.</li> <li>Statutory Framework for ADR:</li> <li>Arbitration and Conciliation Act, 1996.</li> <li>Legal Services Authorities Act, 1987.</li> <li>Specific Acts governing sectoral ADR (e.g., Consumer Protection Act, 2019, Indian Contract Act, Commercial Courts Act and Family Courts Act, 1984).</li> </ul>		
11:30AM - 12:00 PM	Tea Break		
SESSION 2	Mediation as a Tool for Dispute Resolution		
12:00noon - 01:30pm	Proposed scope of discussion:		
(1:15pm – 1:30pm Q&A/Discussion)	<ul> <li>Understanding Mediation: Key principles: Voluntary, neutral, confidential.</li> <li>Comparison between judicial process, mediation, and arbitration.</li> <li>Cases suitable for Mediation</li> <li>Best Practices for Judges in Mediation: Encouraging parties to mediate; Effective referral mechanisms; monitoring and ensuring the integrity of the mediation process.</li> <li>Mediation Act 2023: Community Mediation</li> </ul>		
01:30 PM - 02:30 PM	Lunch		
Session 3	Fundamentals and Scheme of Arbitration		
02:30pm - 04:00pm	<ul> <li>Proposed scope of discussion:</li> <li>➤ Arbitration and Section 89 of CPC</li> <li>➤ Role of Courts in making domestic arbitral institutions into "good seat"</li> <li>➤ Role of the district judge in supporting arbitration: Stay of court proceedings, interim orders, etc.</li> </ul>		
(3:30pm – 3:45pm Q&A/Discussion)	<ul> <li>Supervisory jurisdiction vs. intervention: Grounds for setting aside arbitral awards</li> <li>Addressing common challenges in the arbitration process.</li> </ul>		

Sunday	Day-2: 04.05.2024			
SESSION 4	Conciliation, Lok Adalats, and Other ADR Mechanisms			
10:00am – 11:30am (11:15am – 11:30am Q&A/Discussion)	<ul> <li>Proposed scope of discussion:</li> <li>Difference between Mediation, Conciliation and Lok Adalat</li> <li>Role of the conciliator, the process, and its advantages</li> <li>Types of cases suitable for Lok Adalats.</li> <li>The role of judges and other stakeholders in Lok Adalats</li> <li>Hybrid ADR Models: Med-Arb and Arb-Med</li> <li>Online Dispute Resolution Mechanism (ODR)</li> <li>Negotiations</li> </ul>			
11:30 AM - 12:00 PM	Tea Break			
Session 5	Maintaining the Balance: Judicial Stress and Wellness			
12:00noon - 01:30pm	Proposed scope of discussion:			
(1:15pm – 1:30pm Q&A/Discussion)	<ul> <li>Bench and Occupational Stress</li> <li>Attitudinal differences and Biases</li> <li>Interpersonal isolation: Withdrawal from society and community involvement</li> <li>Mindfulness: Staying focused &amp; on task</li> <li>Adapting to change – Psychosocial adjustments.</li> <li>Stress Management: Relaxation Techniques</li> </ul>			
01:15PM - 01:30PM	Audit of the Course by Participant Judges			
01:30PM	Lunch & Departure			

04:00 PM

Tea at Cafeteria

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